

Texas Monthly On Food: Laurence Parent Explores the Culinary Charms of the Lone Star State



Texas Monthly On . . . : Food by Laurence Parent

★★★★☆ 4.5 out of 5

Language : English

File size : 1177 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 219 pages

Screen Reader : Supported

Paperback : 66 pages

Item Weight : 3.52 ounces

Dimensions : 6 x 0.15 x 9 inches

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In his new book, *Texas Monthly On Food*, Laurence Parent takes readers on a culinary journey through the Lone Star State, exploring its diverse food traditions, iconic dishes, and talented chefs.

Parent, a native Texan and longtime food writer, has a deep understanding of the state's culinary landscape. In this book, he shares his insights on

everything from the state's barbecue obsession to its vibrant Mexican food scene.

One of the things that makes Texas food so unique is its diversity. The state is home to a wide range of cultures, and each has left its mark on the local cuisine. From the barbecue of Central Texas to the Tex-Mex dishes of South Texas, there's something for everyone to enjoy.

In *Texas Monthly On Food*, Parent explores this diversity in depth. He visits some of the state's most iconic restaurants, including Franklin Barbecue in Austin and Katz's Delicatessen in Houston.

But Parent also goes beyond the well-known spots to highlight some of the state's hidden gems. He writes about a tamale maker in Brownsville who uses a secret family recipe, and a barbecue joint in Lockhart that's been serving up smoked meats for over a century.

In addition to its diverse cuisine, Texas is also home to some of the country's most talented chefs. Parent profiles several of these chefs in his book, including Aaron Franklin of Franklin Barbecue, Chris Shepherd of Underbelly, and Justin Yu of Theory Design.

These chefs are creating some of the most innovative and exciting food in the country. They're using local ingredients to create dishes that are both delicious and authentically Texan.

Texas Monthly On Food is a must-read for anyone who loves food and wants to learn more about the culinary traditions of the Lone Star State. Laurence Parent's writing is lively and engaging, and his knowledge of the subject matter is encyclopedic.

Whether you're a native Texan or just a visitor, this book will give you a new appreciation for the state's rich and diverse culinary heritage.



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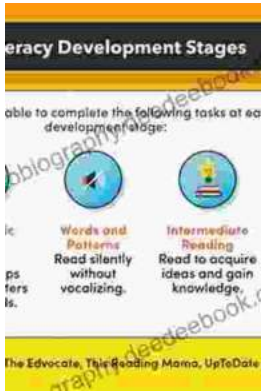
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