

# Cycling South Dublin Wicklow: A Guide to the Best Road Routes for an Unforgettable Journey

For cycling enthusiasts, South Dublin and Wicklow offer a haven of unparalleled cycling experiences. From rolling hills to breathtaking coastal vistas, this region boasts a network of road routes that cater to all levels of riders. In this comprehensive guide, we present the top cycling routes in South Dublin and Wicklow, providing intricate details about their scenery, challenges, and attractions along the way.



## Cycling South Dublin & Wicklow: Great Road Routes

by Sara Grace Skillman

★★★★☆ 4.4 out of 5

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## Route 1: The Dublin Mountains Loop (60 km)



The Dublin Mountains Loop is the quintessential cycling route for those seeking a challenging yet rewarding ride. This 60-kilometer loop winds through the scenic Dublin Mountains, offering panoramic views of the city and surrounding countryside. The route features demanding climbs, including the infamous Sally Gap, but the rewards are well worth the effort.

### **Route 2: The Wicklow Way (130 km)**



The Wicklow Way is a cycling paradise that spans 130 kilometers along the picturesque Wicklow Mountains. This challenging route takes riders through enchanting forests, past shimmering lakes, and over rolling hills. The highlight of the Wicklow Way is the imposing climb to the summit of Lugnaquilla, the highest peak in the mountains.

### **Route 3: The Glendalough Valley Spin (40 km)**



Nestled amidst the Wicklow Mountains, The Glendalough Valley Spin is a relatively flat route that offers a serene and picturesque cycling experience. The 40-kilometer loop takes riders around the stunning Glendalough Valley, passing by the ancient monastic ruins and the shimmering waters of Lough Tay.

#### **Route 4: The Blessington Lakes Circuit (50 km)**



For a leisurely cycling day trip, the Blessington Lakes Circuit is an excellent choice. This 50-kilometer route circumnavigates the scenic Blessington Lakes, offering stunning views of the water and surrounding countryside. The route is relatively flat, making it suitable for riders of all abilities.

**Route 5: The Bray to Greystones Cliff Walk Cycle (25 km)**



The Bray to Greystones Cliff Walk Cycle is a breathtaking coastal route that stretches for 25 kilometers along the scenic cliffs of South Dublin. The route offers panoramic views of the Irish Sea, the Wicklow Mountains, and the coastal towns of Bray and Greystones.

### **Planning Your Cycling Adventure**

When planning your cycling adventure in South Dublin and Wicklow, here are some essential tips to consider:

\* **Choose the right route:** Select a route that matches your fitness level and interests. \* **Pack appropriately:** Bring essentials such as water,

snacks, a first-aid kit, and appropriate clothing. \* **Check the weather forecast:** Be prepared for changing weather conditions and dress accordingly. \* **Bring a map or GPS device:** Some routes can be challenging to navigate, so it's advisable to have a map or GPS device for guidance. \* **Be aware of traffic:** While many routes are designated for cycling, be cautious of traffic, especially on weekends.

Cycling in South Dublin and Wicklow is an unforgettable experience that combines breathtaking scenery, challenging climbs, and a wealth of attractions. Whether you're an experienced cyclist or just starting, the region offers a range of road routes that will cater to your needs. Embrace the beauty of the Irish countryside, push your limits, and create memories that will last a lifetime. Happy cycling!



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